SCHOOLS PATRIOTIC FUND



KNITTING

SCHOOLS' PATRIOTIC FUND OF SOUTH AUSTRALIA.

KNITTING BOOK.

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KNITTING HINTS.

1. Wool should never be wound into a hard ball. Wind loosely over three or four fingers.

2. Do not press ribbing.

3. Do not tie knots in the wool.

4. Use odd scraps of wool for knee caps.

5. Amount of wool necessary for garment varies according to quality.

6. See that there are no holes in garments.

7. Weave in all ends of threads.

8. Tight easting on, and worse, tight easting off, are usual faults and to be carefully avoided. A tight knitter is advised to use one size larger needles for casting on only.

Abbreviations.

K.-Knit.

P.—Purl.

Sts.—Stitches.

Make 1.-Knit into front, then into back of same stitch.

To Graft (used for toe of sock).

Arrange an equal number of stitches on each of two needles.

Thread a darning needle with a length of wool.

Holding the two knitting needles flat, draw the darning needle through the first stitch on the front needle, as if to knit, and then slip off; then through the second stitch as if to purl, and leave on the knitting needle.

Now work on the back needle.

Draw the darning needle through the first stitch as if to purl, and slip off; then through the second stitch as if to knit, and leave on the knitting needle.

Continue in this way until all stitches have been worked off.

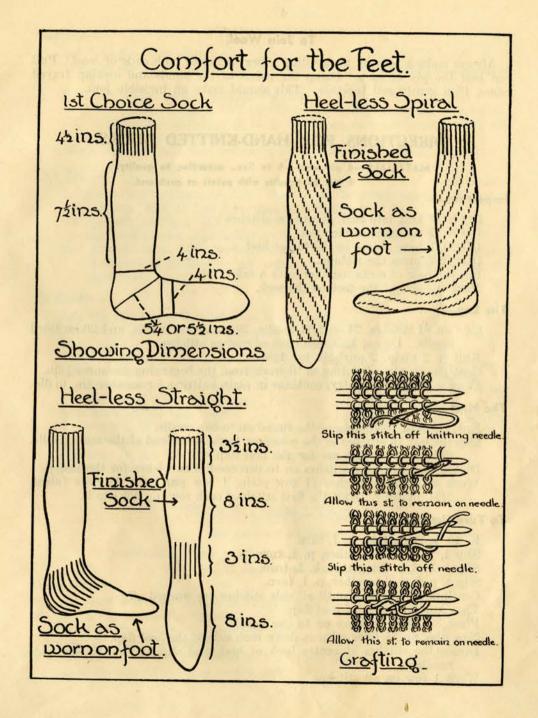
Weave in the end of wool down the side of toe.

Casting On.

There are two methods of casting on, using one needle and thumb, and using two needles. If two needles are used, knit into the back of the cast-on stitches. This makes a very neat edge, but has a tendency to tighten and limit the stretch of the cast-on edge. The edge should stretch to practically the same width as the rest of the knitting.

Casting Off.

Never cast off stitches which have to be picked up again. They can be picked up on odd pins, holders, or a thread of wool, and when you come to carry on with the knitting again they are there to be knitted straight on and you have no unsightly ridge. It is a matter of opinion whether casting off looks better when done on the right or the wrong side. It often depends upon what stitch has been used. When casting off ribbing, always knit the stitches which are being cast off according to the rib. This makes the cast off much less noticeable and considerably lessens tightness.



To Join Wool.

Always make a join by unravelling a few inches of both ends of wool. Pull out half the ply of each. Damp the palms of the hands and overlap frayed edges, then gently roll together. This should make an invisible join.

DIRECTIONS FOR HAND-KNITTED SOCKS.

MATERIALS—4 ply wool—4 to 5oz., according to quality.

4 No. 11 needles with points at each end.

Important-

DO NOT knit into back of east-on stitches.

DO NOT tie knots in the wool.

DO NOT have ridges in the toe or heel.

DO NOT press the ribbing.

Pin the pair of socks together with a safety pin.

Mark the size of the foot on the sock.

The Leg-

Cast on 64 stitches, 24 on first needle, 20 on second needle, and 20 on third needle. Do not knit into back of cast-on stitches.

Knit in 2 plain, 2 purl rib for 4½in.

Continue in plain knitting until work from the beginning measures 12in. For use in desert country, continue in plain knitting for another 4in. to 6in.

The Heel-

Knit the first 16 stitches of the round on to one needle.

Slip the last 16 stitches of the round on to the other end of the same needle. (These 32 stitches are for the heel flap.)

Divide the remaining stitches on to two needles and leave for the instep. Work on 32 heel stitches (1 row plain, 1 row purl) for 28 rows (about 2½in. to 3in.). Knit the first stitch of each row; do not slip it.

To Turn the Heel-

K. 19, k. 2 together, k. 1, turn.

Slip 1, p. 7, p. 2 together, p. 1, turn.

Slip 1, k. 8, k. 2 together, k. 1, turn.

Slip 1, p. 9, p. 2 together, p. 1, turn.

Continue in this way until all side stitches are worked off.

Then knit to centre of heel flap.

Place 32 instep stitches on to one needle.

Now pick up 15 little stitches down each side of the heel flap.

Divide the stitches at centre back of heel, and slip half on to each side needle.

Work 1 row on all stitches.

Gussets-

1st Round.—Knit plain.

2nd Round.—Knit plain to last 3 stitches of the first needle, k. 2 together, k. 1.

Knit the second needle without shaping.

On the third needle, k. 1, k. 2 together, then knit plain to end of needle. Repeat these two rounds until there are 16 on each needle underfoot, and 32 on instep needle.

Work straight until foot measures 83 in. from back of heel.

The Toe-

1st Round.—Commence to shape the toe on the instep needle. K. 1, k. 2 together, knit to last 3 stitches, k. 2 together, k. 1.

On the next needle, k. 1, k. 2 together, knit to end of needle.

On the third needle, knit to last 3 stitches, k. 2 together, k. 1.

2nd Round.—Knit plain without shaping. Repeat these two rounds until there are 14 stitches on the instep needle, and 7 on each other needle, then graft together.

To Graft-

Slip the two lots of 7 stitches on to one needle.

Now there are 14 stitches on each needle.

Break off the wool leaving a thread about 20in. long.

Thread a darning needle with this end of the wool.

Holding the two knitting needles flat, draw darning needle through the first stitch, on the front needle, as if to knit, and slip off; then through the second stitch as if to purl, and leave on the knitting needle.

Now work on the back needle. Draw the darning needle through the first stitch as if to purl, and slip off; then through the second as if to knit, and leave on the knitting needle.

Continue in this way until all stitches are worked off.

The foot should measure about 11in.

SOCKS (Shaped Leg).

(For Advanced Knitters.)

MATERIALS—4 ply wool—4 to 5oz., according to quality.

4 No. 12 needles with points at each end.

Important-

DO NOT knit into back of cast-on stitches.

DO NOT tie knots in the wool.

DO NOT have ridges in the toe or heel.

DO NOT press the ribbing.

Pin the pair of socks together with a safety pin. Mark the size of the foot on the sock.

The Leg-

Cast on 72 stitches, 24 on each of three needles. Do not knit into back of cast-on stitches.

Knit in 2 plain, 2 purl rib for 4½in.

Continue in plain knitting until work from the beginning measures 7in.

Shaping of Leg-

1st Needle.—Knit 1, slip 1, knit 1, pass slip-stitch over, knit to end of needle.

2nd Needle.—Knit plain.

3rd Needle.—Knit plain until 3 stitches are left. Knit 2 together, knit 1.

Knit 1in. plain.

Decrease every 1in., the last decrease row occurring when the work measures 10in. There should now be 64 stitches on the needles.

Continue in plain knitting without shaping until the work measures 12in. from commencement of sock.

The Heel-

Knit the first 16 stitches of the round on to one needle.

Slip the last 16 stitches of the round on to the other end of the same needle. (These 32 stitches are for the heel flap.)

SEE THAT THE DECREASES IN THE LEG AND THE CENTRE OF THE HEEL FLAP ARE IN LINE.

Divide the remaining stitches on to two needles, and leave for the instep. Work on 32 heel stitches (1 row plain, 1 row purl) for 28 rows (about 2\frac{1}{2}in, to 3in,).

Knit the first stitch of each row; do not slip it.

See "Socks" from "To turn the heel."

SPIRAL SOCK (Heel-less).

Cast on 68 stitches, 24 on the first needle, 20 on the second needle, and 24 on the third needle.

Do not knit into back of cast-on stitches.

Knit 2, purl 2 rib for 44in.

Knit 1 plain row, reducing to 66 stitches (anywhere).

*Knit 5 purl 1, repeat from * for 5 rows.

Then move on a stitch (to make the purl one stitch further on) every sixth row, until the work measures 21in. from the beginning.

The Toe-

* Knit 6, knit 2 together. Repeat from * to end of row. Knit 6 plain rows.

* Knit 5, knit 2 together. Repeat from * to end of row. Knit 5 plain rows.

* Knit 4, knit 2 together. Repeat from * to end of row. Knit 4 plain rows.

* Knit 3, knit 2 together. Repeat from * to end of row. Knit 3 plain rows.

* Knit 2, knit 2 together. Repeat from * to end of row. Knit 3 plain rows.

* Knit 1, knit 2 together. Repeat from * to end of row. Knit 2 plain rows.

* Knit 1, knit 2 together. Repeat from * to end of row. Knit 1 plain rows.

* Knit 6 plain rows.

Knit 6 plain rows.

Knit 5 plain rows.

Knit 2 together. Repeat from * to end of row. Knit 3 plain rows.

Knit 1, knit 2 together. Repeat from * to end of row. Knit 1 plain rows.

HEEL-LESS SOCK.

MATERIALS—4 skeins of 4 ply wool. 4 No. 11 needles with points at both ends.

Cast on 64 stitches, 24 on one needle, and 20 stitches on each of two needles. Knit 4½in. in 2 plain 2 purl rib.

Knit plain for 8in.

Knit 4in. 2 plain 2 purl rib.

Knit 5½in. plain.

Toe-

Arrange 32 stitches on one needle and 16 stitches on each of two needles. 1st Round.—Commence to shape the toe on the needle which has 32 stitches. K. 1, k. 2 together, knit to last 3 stitches, k. 2 together, k. 1.

On the next needle, k. 1, k. 2 together, knit to end of needle.

On the third needle, knit to last 3 stitches, k. 2 together, k. 1.

2nd Round.—Knit plain without shaping.

Repeat these 2 rounds until there are 14 stitches on one needle and 7 on each other needle.

Place the two lots of 7 stitches on to one needle.

Now there are 14 stitches on each of two needles.

Graft the stitches together.

BED SOCKS.

MATERIALS—5 to 6 skeins, according to quality, 4 ply wool. No. 8 needles.

Cast on loosely 60 stitches, 20 on each needle, and rib in 2 plain, 2 purl for 5in. (Do not knit into back of cast-on stitches.)

Work in stocking stitch until the work measures 22in. from the beginning. Then divide stitches before commencing toe, 15 stitches on each of two needles, and 30 on the third needle.

Proceed with toe:-

Toe-

On the first needle (i.e., with 30 stitches on):—K. 1, k. 2 together, knit to the last 3 stitches, k. 2 together, k. 1.

On the second needle:—K. 1, k. 2 together, knit to the end of needle.

On the third needle:—Knit to last 3 stitches, k. 2 together, k. 1. 2 rounds plain.

Continue toe decreasing as above in every third round until there are 8 stitches on each of two needles, and 16 stitches on the other.

Slip the two lots of 8 stitches on one needle, then graft the toe.

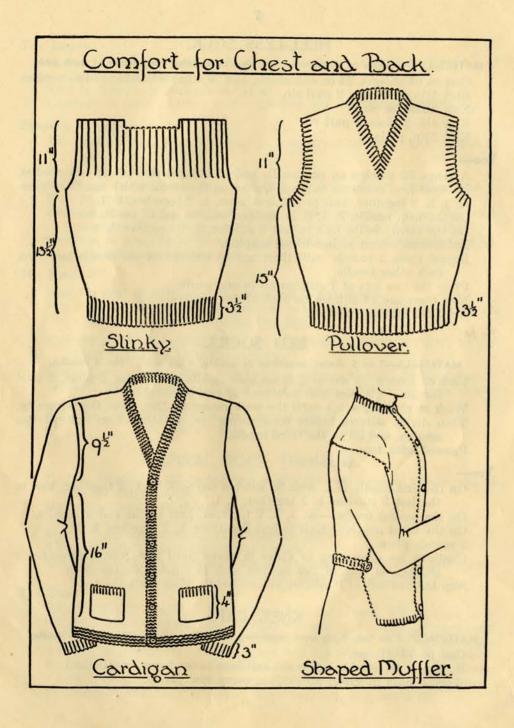
KNEE CAPS.

MATERIALS—3 to 4oz. 4 ply wool, according to quality. 2 No. 10 or No. 9 needles.

Cast on 76 stitches.

K. 2, p. 2 rib for 5in. (Do not knit into back of cast-on stitches.)

Work 6 rows in garter stitch (i.e., every row plain).



Proceed as follows:-

Row 1-Knit plain to the last 2 stitches, turn.

Row 2-Like row 1.

Row 3-Knit plain to the last 4 stitches, turn.

Row 4-Like row 3.

Continue in this manner, working 2 stitches less at the end of the needle in every row, until 12 stitches remain between the shapings. Proceed as follows:—

Row 1-K. 14, turn.

Row 2-K. 16, turn.

Row 3-K. 18, turn.

Row 4-K. 20, turn.

Continue in this manner working 2 stitches more at the end of the needle in every row between the shapings, until all the 76 stitches are knitted again. Work 6 rows in garter stitch without shaping.

K. 2, p. 2 ribbing for 5in.

Cast off loosely on a larger needle.

Make another knee cap in the same manner.

To Make Up the Knee Caps-

Sew up the seam.

SLINKY.

MATERIALS—8 to 9oz. 4 ply wool, according to quality. 1 pair No. 11 needles.
1 pair No. 9 needles.

Back-

Cast on 126 stitches on No. 11 needles.

K. 2, p. 2 rib for 31in.

Knit first row into back of cast-on stitches.

Change to No. 9 needles.

Knit in stocking stitch (1 row plain, 1 row purl), until the work measures 13½in. from the beginning.

Cast off 5 stitches at the beginning of the next two rows.

There should now be 116 stitches.

Now 2 plain 2 purl rib, for 4in.

Change to No. 11 needles.

2 plain 2 purl rib until the armhole measures 11in.

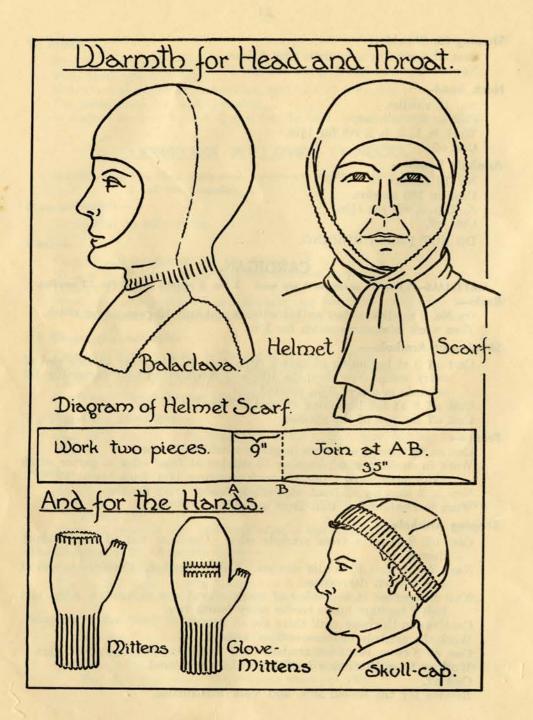
Knit 38 stitches in rib. Cast off 40 stitches loosely with a larger needle. Knit 38 stitches in rib.

On the last 38 stitches rib 5 more rows, then cast off loosely.

On the remaining 38 stitches rib 5 rows, then cast off loosely.

Front-

Same as back.



Buttonholes-

Every 2in. cast off 3 stitches in one row in centre of band, then cast on 3 in next row, until there are 6 buttonholes.

Sleeves-

Cast on 68 stitches with No. 12 needles.

K. 2, p. 2 rib for 3in.

Change to No. 9 needles; increase 1 at each end of every eighth row up to 104 till work measures about 21in.

Cast off 3 at beginning of next 2 rows.

Now k. 2 together at beginning and end of every row down to 24. Cast off.

Pockets-

With No. 9 needles cast on 36 stitches. Work 2 plain 2 purl rib for 8 rows. Continue in stocking stitch till pocket is 4in. deep. Cast off. Make a second pocket in the same way.

SHAPED WAISTCOAT MUFFLER.

MATERIALS-No. 8 needles. 4 to 4½ oz. 4 ply wool, according to quality.

Cast on 60 stitches.

Knit the first row into the back of the cast-on stitches.

Knit 13in. garter stitch (every row plain knitting).

Slip 1, knit 2 together, knit to the end of the row.

Next row:-Knit plain.

Continue these 2 rows down to 30 stitches.

Slip 1, make 1, knit to the end of the row.

Next row:-Knit plain.

Continue these 2 rows back to 60 stitches.

Knit 13in. garter stitch.

Always decrease and increase on the one side to form curve for neck. Attach 4 press studs on tape to fasten down the front, overlapping 3in.

BALACLAVA CAP.

MATERIALS—3 to 3½oz. 4 ply wool, according to quality. 1 pair No. 9 needles. Front—

Cast on 54 stitches.

Knit 60 rows plain. (Knit first row into back of the cast-on stitches.)

Knit 3 plain, 3 purl rib for 2½in.

Knit 30 rows plain (chin).

Knit 16 stitches, cast off 22, knit 16.

Knit 23 rows on the last 16 stitches.

(This forms one side of the face protector.)

Leave these stitches on a holder.

Knit 23 rows on the other 16 stitches.

Cast on 22, knit 16.

Knit on these 54 stitches for 32 rows.

(Knit into back of cast-on stitches for first row.)

Shaping for the Top-

* K. 5, k. 2 together, repeat from * to the end of the row. K. 2 rows plain.

*K. 4, k. 2 together, repeat from * to the end of the row. K. 2 rows plain.

* K. 3, k. 2 together, repeat from * to the end of the row. K. 2 rows plain.

*K. 2, k. 2 together, repeat from * to the end of the row. K. 2 rows plain.

* K. 1, k. 2 together, repeat from * to the end of the row. K. 2 rows plain. Cast off.

Back of the Cap-

Cast on 54 stitches.

Knit 60 rows plain.

Purl 3, knit 3 rib for 21in.

Knit 84 rows plain.

Decrease as for front of cap.

Sew together from purl and plain upwards.

Do not press the ribbing.

BALACLAVA HELMET.

MATERIALS-4½oz. 4 ply wool. 4 No. 11 knitting needles.

Cast on 61 stitches on one needle and knit in garter stitch until 9in. deep (measured without stretching).

Leave this piece on the needle and knit a second piece in the same way.

Neck-

Now divide the stitches on both pieces (122) on three needles, so that there will be a change of needles at the centre of one of the pieces.

Knit in rounds of ribbing (k. 2, p. 2) for 4in., finishing at the needles which change in the middle of the garter stitch.

Face Opening-

1st Row.—Cast off 2, rib to end of round (back to casting-off place).

2nd Row.—Turn, cast off 2, and rib to end of round.

Rows 3-14.—The same as 1 and 2.

There will now be 94 stitches on the three needles, slip them all on to one needle, and continue in ribbing until work measures 9in. from commencement of neck ribbing.

Next 2 Rows.—Cast off 34, k. in rib (26 stitches left).

Knit in rib on these 26 stitches for 7in.

Sew side of the 7in. strip to the 34 cast-off stitches, slightly stretching cast-off edge.

Ribbing Round Front of Helmet-

Hold right side of work facing, commence at centre of chin and pick up and knit 54, round right-hand side of opening, knit the 26 stitches already on needle, and pick up another 56 on left-hand side. Place 44 stitches on first needle, 44 stitches on second needle, 48 stitches on third needle.

Knit in rounds of k. 2, p. 2 for 3in.; cast off in rib.

HELMET SCARF.

MATERIALS-6 to 70z. 4 ply wool. 1 pair No. 6 needles. 1 pair No. 9 needles.

With No. 6 needles cast on 50 stitches.

Work in garter stitch (i.e., plain knitting every row) for 35in.

Remember to slip the first stitch of every row.

Change to No. 9 needles.

Continue in garter stitch for 9in., then cast off.

Knit another piece in exactly the same manner.

To Make Up-

Overlap the two ends which are worked on the finer needles (i.e., the two ends of 9in.)

Sew neatly three sides, leaving the fourth side (along the edge of the scarf) open to form the helmet.

SCARF FOR NAVY.

MATERIALS-5 skeins 4 ply wool. 1 pair No. 9 needles.

Cast on 60 stitches.

Work in garter stitch for about 60in.

Cast off.

SKULL CAP OR SLEEPING CAP.

MATERIALS-22oz. 4 ply wool. 4 No. 11 needles. 4 No. 10 needles.

With No. 11 needles, cast on 100 stitches, 36 on the first needle, 32 on the second needle, and 32 on the third needle.

K. 2, p. 2 rib for 3in.

Change to No. 10 needles.

Knit plain for 5in.

Shaping for Crown—

Round 1.—* K. 18, k. 2 together, repeat from * to the end of the round.

Round 2 and Alternate Rounds.—Knit plain.

Round 3.—* K. 17, k. 2 together, repeat from * to the end of the round.

Round 5.-* K. 16, k. 2 together, repeat from * to end of the round.

Continue decreasing in this manner until 25 stitches remain.

Break off the wool and run the end through the remaining stitches, draw up, and fasten off securely.

To Make Up-

With a slightly damp cloth and warm iron, press lightly. Turn back the brim.

(These same directions will make a cap for a boy if knitted on No. 12 and No. 11 needles.)

SKULL CAP.

(For wear under tin helmet.)

MATERIALS-4 No. 12 needles. loz. 4 ply wool.

Cast on 140 stitches on three needles (46, 46, 48), and rib in rounds of K. 1, p. 1 for 3½in.

Shaping for Top-

1st Row.—* K. 18, k. 2 together, repeat from *.

2nd and every Alternate Round.-Knit.

3rd Row.-* K. 17, k. 2 together, repeat from *

5th Row.-* K. 16, k. 2 together, repeat from *.

7th Row.—* K. 15, k. 2 together, repeat from *.

9th Row.—* K. 14, k. 2 together, repeat from *.

11th Row.—* K. 13, k. 2 together, repeat from *.

13th Row.—* K. 12, k. 2 together, repeat from *.

15th Row.—* K. 11, k. 2 together, repeat from *

17th Row.—* K. 10, k. 2 together, repeat from *.

19th Row.—* K. 9, k. 2 together, repeat from *. 21st Row.—* K. 8, k. 2 together, repeat from *.

23rd Row.—* K. 7, k. 2 together, repeat from *.

25th Row.—* K. 6, k. 2 together, repeat from *.

27th Row.—* K. 5, k. 2 together, repeat from *.

29th Row.—* K. 4, k. 2 together, repeat from *.

31st Row.—* K 3, k. 2 together, repeat from *.

33rd Row.—* K. 2, k. 2 together, repeat from *. 35th Row.—* K. 1, k. 2 together, repeat from *.

37th Row.—* K. 2 together all round.

Break wool and thread on a darning needle, and gather remaining stitches on the wool and fasten off securely.

GLOVE MITTENS.

MATERIALS-4 No. 11 needles. 4 No. 10 needles. 21ox. 4 ply wool.

Cast on 72 stitches, 24 on each needle.

DO NOT KNIT INTO BACK OF CAST-ON STITCHES.

K. 2, p. 2 rib for 5½in.

Change to No. 10 needles.

Next Row.—* K. 3, k. 2 together. Repeat from * to end of round (58 stitches).

Knit 7 rounds plain.

Arrange 22 stitches on first needle.

K. 9, knit twice into next stitch (first into front, then into back of stitch). Knit to end of round.

Next Round .- Knit plain.

Next Round.—K. 9, knit twice into next stitch. K. 1, knit twice into next stitch. Knit to end of round.

Next Round.—Knit plain.

Next Round.—K. 9, knit twice into next stitch. K. 3, knit twice into next stitch. Knit to end of round.

Repeat these two rounds, increasing every second round. In each round increased there will be 2 stitches extra to knit between the increases, until you have 43 stitches on the needle.

Knit 9 stitches on the thumb needle, and run a piece of wool through the next 22 stitches, and then knit the remaining 12 stitches on the same needle, and continue the round plain.

For the Right Hand-

1st Round.—Beginning from the thumb needle knit 9 stitches, and slip them on to the needle behind. Knit plain the remaining 12 stitches and 17 more, making 29 stitches on this needle (palm), and continue the round plain, having 14 stitches on one back needle and 15 on the other.

2nd Round.-Knit plain.

3rd Round.—Beginning on palm needle, k. 3, then p. 2, k. 2 rib for 22 stitches, k. 4; knit plain to end of round. Repeat this round 4 times. 8th Round.—K. 3, cast off 22 stitches, and knit plain to end of round.

9th Round.—K. 3, cast on 22 stitches, and knit plain to end of round.

10th Round.—K. 3, then p. 2, k. 2 rib for 22 stitches, and knit plain to end of round.

Repeat 10th round 4 times. Then plain all round for 2in.

To Decrease for the Top-

1st Round.—Begin on the palm needle. K. 1, k. 2 together, then plain to within 3 stitches of end of needle, slip 1, k. 1, pass slip-stitch over, k. 1.

2nd Needle.-K. 1, k. 2 together. Knit to end of needle.

3rd Needle.—Knit to within 3 stitches of the end, then slip 1, k. 1, pass slipstitch over, k. 1.

2nd Round.—Knit plain.

Repeat these two rounds until there are 22 stitches left.

Place the 11 stitches on the two back needles on to one needle.

There also should be 11 stitches on the palm needle.

Break off wool, leaving about 20in., and graft the stitches on these two needles.

For the Thumb-

Put the 21 stitches tied up for the thumb on to three needles, and pick up 3 extra stitches at the gusset where it is joined together. Knit 3 rounds plain, then p. 2, k. 2 for 6 rounds, and east off loosely.

Return to glove, k. 1, then with same needle, k. 19 stitches from flap with 2nd needle, knit remaining 11 stitches from flap, then on to same needle k. 9 stitches from glove; with 3rd needle knit remaining 20 stitches, knit in plain rounds for 13in. Now shape top.

1st Round.—Knit 8 decrease all round.

2nd Round and each Alternate Round.—Knit.

3rd Round.-Knit 7 decrease all round.

5th Round.-Knit 6 decrease all round.

7th Round.-Knit 5 decrease all round.

9th Round.-Knit 4 decrease all round.

11th Round.-Knit 3 decrease all round.

13th Round.—Knit 2 decrease all round.

14th Round.—Knit 1 decrease all round.

Break off wool, leaving end, thread into needle, take off stitches and draw up top.

Thumb-

Take off 21 stitches from safety pin on to 2 needles, pick up 3 stitches at base of thumb, and divide stitches (8, 8, 8). Join wool and knit in rib k. 1, p. 1 for 14in., and cast off.

Left Hand-

The same as for right until the ribbing before palm opening.

Next Round-

1st Round.—Knit the first 30 stitches, rib the second 30 (k. 1, p. 1). Catch down each side of flap, and press on wrong side with damp cloth.

CHILDREN'S GARMENTS.

SLINKIES WITH SLEEVES.

(For air-raid victims and evacuated children.)

MEASUREMENTS.

	Age.	Chest.	Underarm.	Sleeve.
A	10 years	28 inches	10 inches	15½ inches
В	12 years	30 inches	10½ inches	16½ inches
C	14 years	32 inches	11½ inches	17 inches
D	16 years	34 inches	11 inches	17½ inches

MATERIALS-1 pair No. 12 needles. 1 pair No. 9 needles.

4 ply wool-A. 7 to 8oz. B. 8oz. C. 8oz. D. 8 to 9oz.

Front-

With No. 12 needles cast on:-

- A. 90 stitches.
- B. 96 stitches.
- C. 102 stitches.
- D. 108 stitches.

Knit into back of cast-on stitches. Work 2 plain 2 purl ribbing for 3½in.

Change to No. 9 needles.

Knit in stocking stitch (1 row plain, 1 row purl) until the work from the beginning measures:—

- A. 10 inches.
- B. $10\frac{1}{2}$ inches.
- C. 11 inches.
- D. $11\frac{1}{2}$ inches.

Shaping for Armhole—

Cast off 6 at the beginning of first 2 rows.

Cast off 2 at the beginning of next 2 rows.

Knit 2 together at the beginning of next 6 rows.

Now there are:—

- A. 68 stitches.
- B. 74 stitches.
- C. 80 stitches.
- D. 86 stitches.

Work in 2 plain 2 purl rib without decreasing until armhole measures:-

- A. 7 inches.
- B. $7\frac{1}{2}$ inches.
- C. 8 inches.
- D. 81 inches.

Shaping for Shoulder and Neck-

Cast off 5 stitches at the beginning of next 4 rows.

Then cast off *loosely* on a larger needle the rest of the stitches.

Sleeve-

With No. 12 needles cast on 54 stitches.

Work 2 plain 2 purl ribbing for 6in.

Change to No. 9 needles, and work in stocking stitch, increasing 1 stitch at each end of every sixth row until there are:—

- A. 76 stitches.
- B. 80 stitches.
- C. 84 stitches.
- D. 88 stitches.

Continue without shaping until sleeve from the beginning measures:-

- A. 181 inches.
- B. 191 inches.
- C. 20 inches.
- D. 201 inches.

At the beginning of the next 16 rows, cast off 4 stitches *loosely*. Cast off the rest of the stitches loosely.

To Make Up-

Stitch up underarm seam and shoulders.

Stitch seam of sleeve and sew into slinky (seam to seam).

WARM BERET OR TAM FOR GIRL OR BOY.

MATERIALS-1 pair of No. 9 needles. 12 skeins of 4 ply wool.

Cast on 99 stitches.

Knit into back of cast-on stitches.

Knit 5 rows plain (garter stitch).

1st Row.—* Knit 10, increase once in next stitch (knit first into the front and then into back of stitch). Repeat from * to the end of row.

2nd Row.-Knit plain.

3rd Row.—* Knit 11, increase once in next stitch. Repeat from * to the end of row.

4th Row.—Knit plain.

5th Row.—* Knit 12, increase once in next stitch. Repeat from * to the end of row.

6th Row .- Purl.

7th Row.—*Knit 13, increase once in next stitch. Repeat from * to the end of row.

8th Row.—Purl.

9th Row.—* Knit 14, increase once in next stitch. Repeat from * to the end of row.

10th Row.—Purl.

11th Row.—* Knit 15, increase once in next stitch. Repeat from * to the end of row.

12th Row.—Knit plain.

13th Row.—* Knit 16, increase once in next stitch. Repeat from * to the end of row.

14th Row.—Knit plain.

15th Row.—* Knit 17, increase once in next stitch. Repeat from * to the end of row.

16th Row.—Knit plain.

17th Row.—* Knit 18, increase once in next stitch. Repeat from * to the end of row.

18th Row.—Purl.

19th Row.—* Knit 19, increase once in next stitch. Repeat from * to the end of row.

20th Row .- Purl.

21st Row.—* Knit 20, increase once in next stitch. Repeat from * to the end of row.

22nd Row.—Purl.

Knit 11 rows plain (garter stitch).

Decrease for the Top-

1st Row.—* Knit 20, knit 2 together. Repeat from * to end of row.

2nd Row.—Purl.

3rd Row.-* Knit 19, knit 2 together. Repeat from * to end of row.

4th Row.—Purl.

5th Row.-* Knit 18, knit 2 together. Repeat from * to end of row.

6th Row.—Purl.

7th Row.—* Knit 17, knit 2 together. Repeat from * to end of row.

8th Row.—Knit plain.

9th Row.—* Knit 16, knit 2 together. Repeat from * to end of row.

10th Row.—Knit plain.

11th Row.—* Knit 15, knit 2 together. Repeat from * to end of row.

12th Row.—Knit plain.

13th Row.—* Knit 14, knit 2 together. Repeat from * to end of row.

14th Row .- Purl.

15th Row.—* Knit 13, knit 2 together. Repeat from * to end of row.

16th Row.—Purl.

17th Row.—* Knit 12, knit 2 together. Repeat from * to end of row.

18th Row.—Purl.

Continue decreasing in every alternate row in garter stitch until there is one stitch between each decrease.

Next Row.—* Knit 2 together. Repeat from * to end of row. Break off wool, thread a darning needle, and draw the stitches together and fasten off.

Press the cap and sew up the seam.

Note.—For a smaller cap, use No. 10 needles. For a larger cap, use No. 8 needles.

SOCKS FOR BOYS OR GIRLS.

MATERIALS-4 to 50z. of 4 ply wool. 4 No. 11 needles, with points at each end.

Cast on 60 stitches, 20 on each of the 3 needles.

DO NOT KNIT INTO BACK OF CAST-ON STITCHES.

Knit 2, purl 2 rib for 4in.

Knit plain for 6in.

Next Round.—K. 2 together, knit plain to the last 3 stitches of the round, k. 2 together, p. 1.

Work 5 rounds without shaping.

Repeat the last 6 rounds until 53 stitches remain.

Continue without shaping until the work measures 15in. or 16in. from the beginning, decreasing 1 stitch at the end of the last round.

Heel-

Knit the first 13 stitches of the round on to one needle, slip the last 13 stitches of the round on to the other end of the same needle. These 26

stitches are for the heel. Divide the remaining stitches on to 2 needles and leave for the instep.

Work 23 rows on the heel stitches in stocking stitch (1 row plain, 1 row purl).

To Turn the Heel-

K. 17, k. 2 together, turn.

P. 9, p. 2 together, turn.

K. 10, k. 2 together, turn.

P. 11, p. 2 together, turn.

K. 12, k. 2 together, turn.

Continue in this manner until all the stitches are worked on to 1 row again. Knit back to the centre of the heel flap (thus completing the heel).

Slip all the instep stitches on to 1 needle again.

Taking another needle, knit the remaining heel stitches, knit up 10 stitches from the side of heel; with second needle, knit plain across instep stitches; with a third needle, knit up 10 stitches from the other side of heel and half remaining heel stitches.

Shaping the Instep-

1st Round.—Knit plain.

2nd Round.—Knit plain to the last 3 stitches of the first needle, k. 2 together, k. 1; knit the second needle (instep) without shaping; on the third needle, k. 1, k. 2 together, knit plain to the end of the needle.

Repeat these 2 rounds until 13 stitches remain on each of the first and third needles.

Continue without shaping until the foot measures:-

4½in. for a 7in. foot. 5in. for an 8in. foot. 5½in. for an 8½in. foot.

Shaping for the Toe-

1st Round.—Knit plain to the last 3 stitches of the first needle, k. 2 together, k. 1; on the second needle (instep needle), k. 1, k. 2 together, knit plain to the last 3 stitches, k. 2 together, k. 1; on the third needle, k. 1, k. 2 together, knit plain to the end of the needle.

2nd and 3rd Rounds.—Knit plain. Repeat these 3 rounds until 28 stitches remain in the round.

Knit 1 round plain.

Knit the stitches of the first needle on to the end of the third needle.

Graft the stitches.

For stockings, use the above instructions, but work only 1in. of ribbing, and make the leg longer.